



Featured Athlete/Coach Archives
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Previous Featured Articles for 2004

[Crow Canyon Coach Matt Struempf](#)
[Aquanut Show II](#)
[Aquanut Show I](#)
[County Championships II](#)
[County Championships I](#)
[VSA's Championchips](#)
[Caitlyn Gunn](#)
[Tri-Valley Master Water Polo Team](#)
[Forest Parks' Marco Brunamonti](#)
[Crow Canyon Coaches](#)
[WHO's Charlotte Brown](#)
[Antioch Delta Skimmer, Emily Gonzales](#)
[Bentley HS and WCAB Swimmer, Dash Rothberg](#)
[Lamorinda Water Polo Coach, Boyd LaChance](#)
[USA Swimmer, Jocelyn Phillips](#)
[Local Artist Suzy Wear](#)
[Coach Mike Bottom-Cal](#)
[Josh Scott-Syracuse University](#)
[Hannah Hair-Vista Diablo](#)
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[Coach Mike Heaney-Walnut Creek Aquabears](#)
[Chris Danesi-Terrapins](#)
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AT Feature: Olympian and National Diving Champion, Kimiko Hirai Soldati to Make Bay Area Appearance in Oakley



2004 National 3 Meter Champion, Kimiko Hirai Soldati.

Kimiko Soldati will be at Delta Breeze Church on October 24th (10 a.m.). Everyone is welcome and invited. She will be sharing her story and talking about what it takes to overcome adversity and to rise to the top of the competitive world of athletics.

Kimiko Hirai Sodati is one of the most elegant and electrifying platform and springboard divers in the world. AS the 2002 U.S. National Diving Champion and 2004 U.S. Olympic medal prospect, Kimiko Soldati has welcomed her leading role in shaping the future of U.S. diving. Following a road paved by perseverance and dedication, Kimiko's journey to the top is one of the most inspiring stories in the build-up of Athens.

After a series of injuries forced an early retirement from gymnastics at age 14, Kimiko made the difficult transition to diving. Just as her

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[Coaches From Around the League 3](#)
[Coaches From Around the League 2](#)
[Coaches From Around the League 1](#)
[Coaches-Walnut Creek Championships](#)
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career was beginning to take flight, Kimiko lost her mother to breast cancer. Shortly after her mother's tragic death, Kimiko began to struggle with body image and self esteem, developing a compulsive addiction to exercising- a condition known as anorexia athletica. Refusing to let life's hardships deter her from her goals, Kimiko drew inspiration from her mother's life and focused on pursuing her dream of Olympic gold. Kimiko has helped to advance U.S. Diving in her relatively short career. After clinching a silver medal for the U.S. at the 2002 World Cup, Kimiko was acknowledged as the 2002 U.S. Diver of the Year and honored for her dedication to the highest physical, mental, and spiritual ideals.

Come hear this eloquent and engaging speaker deliver a message of overcoming adversity to become a champion.

Location: Laurel Elementary School in Oakley. (1141 Laurel Ave in Oakley).

People can visit the church website at www.deltabreeze.org for more information, times, locations, maps, who we are, etc.



*Kimiko Hirai Soldati showing her Olympic Form.
You can see more photos on her [official photo page](#)*

Even though the REC season is over, AT's coverage isn't! Look for our Upcoming REC Features Articles/Photos this fall on:

County Championships-More Coaches & Swimmers
 Concord City Meet
 Scottsdale Invitational
 Vista Diablo's, Sam Craven

Black Hawk Swim Team
Forest Park's Coach, Jeff Mellinger
Black Hawk's Record Setting 6&un Boy, Forrest White
Olympian and Miramonte Coach, Mike Stamm
Black Hawk's, Georgi Cappelletti

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[Back to Top](#)