

Recreation Teams Links

Our links pages will list a team's web page if we know about it. Please contact us if the information is missing or incorrect for your team and we will correct it as soon as possible.

Teams that Sponsor AT are in BOLD TYPE.

[AquaKnights](#)
[Antioch Delta Skimmers \(ADS\)](#)
[Benicia Stringrays \(BEN\)](#)
[Bishop Estates Swim Team \(BEST\)](#)
[Blackhawk CC \(HOX\)](#)
[Brentwood Dolphins \(BRNT\)](#)
[Campolindo Cabana Club \(CCC\)](#)
[Club Sport San Ramon \(CSR\)](#)
[Club Sport Valley Vista Team](#)
[Crockett Recreation Swim Team \(CST\)](#)
[Crow Canyon Sea Lions](#)
[Dana Hills Otters](#)
[Danville Sea Devils \(DANV\)](#)
[Del Amigo Dolphins \(DAPA\)](#)
[Dewing Park Swim Team](#)
[Diablo Country Club \(DCC\)](#)
[East County Sting Rays](#)
[Forest Hills Swim Team \(FHST\)](#)
[Forest Park](#)
[Gehringer Park Swim Team \(GPST\)](#)
[Hercules Piranhas](#)
[Indian Valley Swim Team](#)
[Larkey Sharks Swim Team \(LSST\)](#)
[Las Trampas](#)
[Livorna Dolphins](#)
[Lafayette Moraga Youth Association \(LMYA\)](#)
[Martinez Community Swim Team \(MCST\)](#)
[Meadow Swim & Tennis Club \(MEAD\)](#)
[Miramonte Swim Team \(MIRA\)](#)
[Moraga Country Club \(MCC\)](#)
[Moraga Ranch Swim Club \(MRSC\)](#)
[Moraga Tennis & Swim Club \(MTSC\)](#)
[Moraga Valley Pool \(MVP\)](#)
[Oakhurst Country Club \(OKCC\)](#)
[Oakwood Athletic Club](#)
[Orinda Country Club \(OCC\)](#)
[Pinole Seals](#)
[Pleasant Hill Aquatics](#)
[Pleasant Hill Dolphins](#)
[Orinda Park Pool \(PARK\)](#)
[Rancho Colorados Swim Team](#)
[Rancho San Miguel](#)
[Rodeo Swim Team \(RST\)](#)
[Round Hill Swim Team](#)
[Rudgegar Estates Swim Team](#)
[Rudgegar Meadows Swim Team \(RMST\)](#)
[San Ramon Aqua Aquacats \(SRAQ\)](#)
[San Ramon R.V. Aqua Bears](#)
[Scottsdale Swim Team](#)
[Sleepy Hollow Swim Team \(SH\)](#)
[Springbrook Swim Club](#)
[Springwood Swim Team](#)
[Sun Valley Swim Team](#)
[Sycamore Stingrays](#)
[Valley Vista Barracudas](#)
[Vista Diablo Dolphins \(VDD\)](#)
[Walnut Country Stingrays \(WALC\)](#)
[Walnut Creek Swim Club. \(WCSC\)](#)
[Walnut Heights Otters](#)
[West County Aquatics \(WCA\)](#)

Recreation Swimming Page Updated 14, 2004

2003 REC Championships Results

2003 County & OMPA Results



*Walnut Heights Otters backstroker,
Renee Little, 13, lookin' great!*

Rec Roundup

June 12, 2004

* 11th Annual 9-&-Under Invitational held Saturday, June 12th Results

Participants in Saturdays meet included the Pleasant Hill Dolphins, Dana Hills, Forest Hills, Livorna, Scottsdale, and Pleasant Hill Aquatics. Grace Linderholm (9-year-old Girls) of the Dolphins, and Tristan Tarpey (7/8 Boys) of Pleasant Hill Aquatics each won four individual events to highlight the competition. Everyone received a ribbon, so everyone went home a winner!

*The Benicia vs. Gehringer Park meet got the season off to a rousing start for the Gators. On the way to winning the meet, there were 95 improvements on time trials times recorded by Gator swimmers and two new pool records were established.

*Round Hill "Heat" (903)-LMYA (550)

*B Meet---Brentwood (379)-Valle Vista "Cudas" (354)

*B Meet---Antioch Delta "Skimmers" (435)-Forest Park "Flyers" (329)

*Larkey and Walnut Heights Otters come down to the wire----Results Pending

Woodlands Swim Team (WOOD)
 Ygnacio Wood Swim Team (YGWD)

June 9, 2004

*A Meet---Valle Vista (479)-Ygnaico Wood (241)

*A Meet---Brentwood Dolphins (366)- Antioch Delta Skimmers (422)



Antioch Delta Skimmers' Ronnie Simmons

Record Setters

**Two records fall at Gehringer vs. Benicia-- The first record to fall was the Girls 11-12 100 yard Individual Medley. The previous record of 1:11.80 stood for 21 years after being set by Dina Carramusa of the Gators on June 22, 1983. Ashley Jennings broke it with a sizzling 1:10.82.

The next record to fall was the 15-18 Women's Freestyle Relay. The old record of 1:54.60 had been set by Erin Cullenwood, Desiriea Ferriera, Rachel Hansen, and Leah Sonnenberg of Springwood on June 29, 2002. The new pool record of 1:54.37 was set by Jacqueline Elliot, Kayla Hall, Kayla Scardaci and Kelly McCabe.

**Erik Carlson, Valley Vista, breaks a 20-year-old 9/10 Freestyle pool record and Jamie Krochka set a new team record in the 11/12 Freestyle AND broke her own pool record in the 11/12 Butterfly at the Ygnacio Woods A meet!

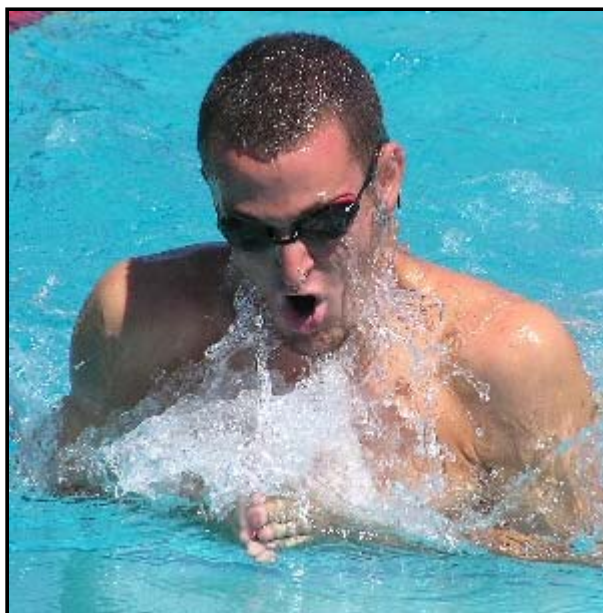
**Gerald Gee set a Skimmer team record in the 13/14 Boys 50 Backstroke with a time of 28.39. The old record set by John Hendrickson in 1977, was 28.90. Gerald also broke the home pool record also set by Hendrickson in 1977-- 29.60. The record was broken in the Brentwood "A" meet held at ADS's home pool.



Brentwood Dolphins' Coach Lauren, swimming her freestyle relay leg in last Saturday's meet



Brentwood Dolphins' ass't coaches Amanda, Doni, co-head coach Jessica Araujo and ass't Lauren (Not pictured- co-head coach, Haley Pantle)



Forest Park Flyers' Marco Brunamonti

Valle Vista "B" 381-Forest Park B 359

Is your team not being covered by AT???

MANY people have been coming to Aquatic Times -- literally thousands of sessions (aka, viewers) a month! So far, we are averaging double the readership in 2004 that we had in 2003. Unfortunately, our regular (paying) jobs and other time constraints keep Debbie and me from covering very many meets, and practices. There is so much more we would like to do. But we can't do it by ourselves. That's where you come in. WE NEED YOU! We are counting on YOU to send or call in meet information. We need coaches, team reps, parents or volunteer reporters to send in scores, recaps, photos, etc. CALL US at 60-WATER (609-2837) or E-MAIL US at at@aquatictimes.com.

Gehring Gators Becomes "Aquatic Times Member Team" Sponsors!

Gehring Gators follows the lead of the nine teams of Valley Swim Association as an "Aquatic Times Member Team"! We at Aquatic Times appreciate the Gators' support and look forward to working with the them!

VALLEY SWIM ASSOCIATION SHOWS SUPPORT FOR AQUATIC TIMES All Nine VSA League Teams Become Aquatic Times "Member Teams"!

Thank you VSA for leading the way !

Valley Swim Association (VSA) showed Aquatic Times their overwhelming support not only financially, but their belief in what our mission is here at AT - to give positive, informative coverage to the many aspects of aquatic sports and its participants (athletes, coaches and parents and other supporters).

VSA teams:

BLACKHAWK SWIM TEAM
 CLUB SPORT OF SAN RAMON
 CROW CANYON SEA LIONS
 DANVILLE SEA DEVILS
 DEL AMIGO DOLPHINS
 DIABLO COUNTRY CLUB
 ROUND HILL HEAT
 SAN RAMON AQUACATS
 SYCAMORE STINGRAYS

"It was a no brainer -- unanimous! We (VSA board) just needed to find out how quick we could become "AT Member Teams". It would definitely be for our benefit, but we also wanted to mutually support a publication that was dedicated to aquatic sports, specifically swimming, which there's been a lack of elsewhere," recalled Maryann Kearns, VSA League and San Ramon Aquacats board member, who presented the idea to the VSA board.

We are proud and excited to have VSA league and teams as part of our team and look forward to a wonderful year of working together!

(SPECIAL NOTE: VSA League generously offered to pay each team's \$100 membership fee.)

As an "AT Member Team/League," you will enjoy the following benefits:

- *Advertise for coaches in AT classified section
- *Advertise team sponsored swim lessons in AT classified section and/or Community Calendar.
- *Announce team/league fund-raisers in AT classified section and/or Community Calendar
- *10% discount off undiscounted private, semi-private & group lessons and/or clinic fees at Aquatic Times Swim Academy (ATSA) to families who are members of "AT Member Teams"
- *Additional 5% discount off already discounted lessons and/or clinic fees at Aquatic Times Swim Academy (ATSA) to families who are members of "AT Member Teams"

It's easy for YOUR TEAM or LEAGUE to become an "AT Member

Team". Just give us a call at 925-60-WATER (609-2837) and we'll getcha started!

[PDF Printer Friendly Version](#)

You will need [Adobe Acrobat Reader](#) to view & print this article. If you don't have it, you can download a free copy of it [here](#).

[Check Out AT's Latest Featured Article](#)

[Check Out AT's 2003 REC Championships Results](#)

[Back to Front Page](#)

Copyright © 2003-2004 Aquatic Times

[Back to Top](#)