



**Featured Athlete/Coach Archives**  
**Note: All Archive Files are in PDF Format.**



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## AT Feature: Chants of Glory--VSA Championships Part A

Photos by Deborah Johnson

Records were falling like flies and during the awards ceremony, according to Jan Gilmore of Blackhawk, Crow Canyon and Blackhawk teams were chanting a victory cadence back and forth to each other. And, the partying went on at the Chabot College pool until 10 p.m.! *(NOTE: Jan is Madison and Forest White's grandmother and AT's official grandma)*

(See story and recap of the day by Blackhawk President, Howard Klein on VSA, Part B of VSA feature page)



*Here's AT's beloved "Grandma Jan" looking on at the crowd and enjoying every moment of the meet!*

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Cal-Stanford Women, Part 2  
 Cal-Stanford Women, Part 1  
 Olympian, Michael Phelps  
 Olympian, Ian Crocker

**Previous Featured Articles for  
 2004**

Concord Pool Progress Photos  
 Forrest White  
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 Natalie Coughlin in at NorCal in WC  
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 Crow Canyon Coach Matt Struempf  
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 Caitlyn Gunn  
 Tri-Valley Master Water Polo Team  
 Forest Parks' Marco Brunamonti  
 Crow Canyon Coaches  
 WHO's Charlotte Brown  
 Antioch Delta Skimmer, Emily Gonzales  
 Bentley HS and WCAB Swimmer, Dash

**Rothberg**

Lamorinda Water Polo Coach, Boyd LaChance  
 USA Swimmer, Jocelyn Phillips  
 Local Artist Suzy Wear  
 Coach Mike Bottom-Cal  
 Josh Scott-Syracuse University  
 Hannah Hair-Vista Diablo  
 Billy Hayes-De La Salle  
 Coach Mike Heaney-Walnut Creek Aquabears  
 Chris Danesi-Terrapins  
 McCall Dorr-Orinda Aquatics'  
 Kelly Koch-Diablo Valley College  
 Olympian Jeff Rouse



*Lauren Jones (13), Crow Canyon, 8th place, 28.01*



*The swimmers were in very good hands with these excellent lane clerks. They made sure all swimmers were in the right spot and each event went off without a hitch.*

**Previous Featured Articles for  
 2003**

Coach Leonard Chaplin-DVC  
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 Coaches-Walnut Creek Championships  
 AT Features REC Assistant Coaches  
 Gehringer Gators Coaching Staff  
 Kelly McCabe-Diablo Valley College  
 Katy Erhardt-Diablo Valley College  
 Blake Henderson  
 Sean Peneyra-Vista Diablo  
 Sam Craven-Vista Diablo  
 Jocelyn Chang  
 Ryan Wall  
 Dewing Park 8&un Girls  
 Jimmy Bailey-Diablo Valley College  
 Blake Henderson  
 Chelsea Allard  
 Suzanne Heim-Bowen



*Crowd of onlookers waiting for an event to start*

Dave Boatwright  
Lauren Rogers



*The starters did an excellent job!*



*Roundhill's coaches' t-shirt says it all.*



*Coaches alongside the pool cheering their swimmers on in close races all day!*





*These three photos are of 17-year-old Lauren Braswell, who swam breaststroke in very good form for Sycamore Stingrays. Notice that most excellent streamline start before she ever hits the water! Now, that's what we coaches love to see!*



*Roundhill's Grant Clark (6), who just started his competitive career this summer. He was 10th in a field of 86 6 & Under boys with a 21.34, dropping 3.5 seconds!*



*Diablo's Drake Brown, (5) swimming 12th with 30.79 in a group of 59 swimmers! He LOVES backstroke and it shows!*

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Is your team not being covered in AT??? Do you have a swimmer(s)/coach that you would like to be featured in AT? Then give us a call at 60 WATER.

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