



AT Pages/Team Links/Info.

[Home/Front Page](#)
[About/Contact](#)
[Advertise](#)
AT Feature
[Classifieds](#)
[Submissions](#)

[Clinics/Lessons](#)
[College](#)
[High School](#)
[REC](#)
[Record Setters](#)
[USA](#)

Featured Athlete/Coach Archives

Note: All Archive Files are in PDF Format.



Previous Featured Articles for 2006

[Treasure Island to YMCA-Part 3](#)
[Treasure Island to YMCA-Part 2](#)
[Treasure Island to YMCA-Part 1](#)
[Kate Dwelley Picks Stanford](#)
[Tiburon Mile-Part 2](#)

**AT Feature:
ALA-CUDA USS C, B, A+ Meet in El Cerrito
October 28-29, 2006**

Story and Photos by Gordon and Debbie Johnson



[Tiburon Mile-Part 1](#)
[Aquabear Toni Diaz-Open Water Swimmer](#)
[Vallejo C, B, A+ Meet](#)
[Miramont WP Coach James Lathrop](#)
[County Championships Part 2](#)
[Aquanuts-Walk on the Wild Side](#)
[Make a Difference for Dave Maddan](#)
[County Championships Part 1](#)
[WCSC Part 1](#)
[WCSC Part 2](#)
[WCSC Part 3](#)
[Concord City Championships](#)
[VSA Championships Part B](#)
[VSA Championships Part A](#)
[Rec Championships 7/29 and 7/30](#)
[Far Western LC Championships](#)
[Terrapins Qualify 10 for Nationals](#)
[Mitchell and Mom Inspire Heim-Bowen](#)
[2004 Olympic Gold Medalist Brendan Hansen](#)
[2006 NCS Championships](#)
[2006 BCS Championships](#)

Previous Featured Articles for 2005

[2005 County Championship](#)
[Black Hawk Strikes Back at VSA Championship](#)
[Vista Diablo & Diablo Water Polo's Mason Kinnard](#)
[Gehringers Gators Go Gang Busters...](#)
[Michael Phelps at May's Stanford Grand Prix](#)
[NCS in Walnut Creek](#)
[De La Salle Invitational](#)
[College Park HS & Gehringers Gators](#)
[Cal-Stanford Men Part 3](#)
[Cal-Stanford Men Part 2](#)
[Cal-Stanford Men Part 1](#)
[Cal-Stanford Women Diving](#)
[Cal-Stanford Women, Part 2](#)
[Cal-Stanford Women, Part 1](#)
[Olympian, Michael Phelps](#)
[Olympian, Ian Crocker](#)

Previous Featured Articles for 2004



*(Top) Winter had it's bite in the morning but, eight-year-old **Ariana Saghafi** and her dad, **Mendi**, take a minute to smile for the AT camera. Ariana's a great butterflyer (32.7 for the 50!) and an all around swimmer who heated up the pool with some great swims!*

Ariana swims for the Berkeley Bears under coach Rick Arneson who has played a large part in her breaking Far Western records and setting PRTs. She will be nine in February.



*Terrapins' (and Springbrook rec team), **Chelsea Chenault**, 12*

[Concord Pool Progress Photos](#)
[Forrest White](#)
[Olympic Diver Kimiko Soldati-Part 2](#)
[Olympic Diver Kimiko Soldati-Part 1](#)
[DVC Men's Water Polo](#)
[Aquatic Times Hosts Bottomline Aquatic Clinic](#)
[Pacific Masters 2004 SC Champs](#)
[Natalie Coughlin in at NorCal in WC](#)
[Olympic Diver, Kimiko Hirai Soldati](#)
[Crow Canyon Coach Matt Struempf](#)
[Aquanut Show II](#)
[Aquanut Show I](#)
[County Championships II](#)
[County Championships I](#)
[VSA's Championchips](#)
[Caitlyn Gunn](#)
[Tri-Valley Master Water Polo Team](#)
[Forest Parks' Marco Brunamonti](#)
[Crow Canyon Coaches](#)
[WHO's Charlotte Brown](#)
[Antioch Delta Skimmer, Emily Gonzales](#)
[Bentley HS and WCAB Swimmer, Dash Rothberg](#)
[Lamorinda Water Polo Coach, Boyd LaChance](#)
[USA Swimmer, Jocelyn Phillips](#)
[Local Artist Suzy Wear](#)
[Coach Mike Bottom-Cal](#)
[Josh Scott-Syracuse University](#)
[Hannah Hair-Vista Diablo](#)
[Billy Hayes-De La Salle](#)
[Coach Mike Heaney-Walnut Creek Aquabears](#)
[Chris Danesi-Terrapins](#)
[McCall Dorr-Orinda Aquatics'](#)
[Kelly Koch-Diablo Valley College](#)
[Olympian Jeff Rouse](#)



*Terrapins' **Kendra Prutton**, 11*

Previous Featured Articles for 2003

[Coach Leonard Chaplin-DVC](#)
[Coach Brian Holm-Dewing Park](#)
[Coaches From Around the League 4](#)
[Coaches From Around the League 3](#)
[Coaches From Around the League 2](#)
[Coaches From Around the League 1](#)

Coaches-Walnut Creek Championships
AT Features REC Assistant Coaches
Gehring Gators Coaching Staff
Kelly McCabe-Diablo Valley College
Katy Erhardt-Diablo Valley College
Blake Henderson
Sean Peneyra-Vista Diablo
Sam Craven-Vista Diablo
Jocelyn Chang
Ryan Wall
Dewing Park 8&un Girls
Jimmy Bailey-Diablo Valley College
Blake Henderson
Chelsea Allard
Suzanne Heim-Bowen
Dave Boatwright
Kate Dwelley
Lauren Rogers



*Terrapins' **Solomon Abuda**, 12*



*Terrapins' (Antioch Delta Skimmers rec team) **Katie Gonzales**, 8*



*Terrapins' **Jonathan Johnson**, 16 (second in 500 free)*



*Terrapins' **Kyle Tully**, 15, helping out his buddy, Jonathan, in the 500 free, counting laps*



Nor-Cal Swim Shop is on hand to supply swimmers' needs.



Terrapins' Nick Egan, 14 won the 500 yard Freestyle

- **ALGA-CUDA CBA+ Swim Meet Results**

Is your team not being covered in AT??? Do you have a

swimmer(s)/coach that you would like to be featured in AT? Then give us a call at 60 WATER.

Copyright © 2003-2006 Aquatic Times

[Back to Top](#)