



**AT Pages/Team Links/Info.**

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**Featured Athlete/Coach Archives**

**Note: All Archive Files are in PDF Format.**



**Previous Featured Articles for 2006**

- [Treasure Island to YMCA-Part 3](#)
- [Treasure Island to YMCA-Part 2](#)
- [Treasure Island to YMCA-Part 1](#)
- [Kate Dwelley Picks Stanford](#)
- [Tiburon Mile-Part 2](#)

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**AT Feature:  
Monte Vista Girls Water Polo-Part 2**

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Story and Photos by Olivia Johnson



*Players mixing it up during practice...*

**AT's Interview with Todd Halvorson continued:**

**AT:** What makes this team click?

**Halvorson:** This team is all about respecting each other and working hard through quality, not quantity--and having fun while doing it. If you can't laugh and have a good time and still be able to get your point across, then I feel you don't have a team driven for success. We have a lot of light-hearted moments that will be lasting memories for years to come.

**AT:** Do you have any interesting or inspirational stories about players and/or coaches?

[Tiburon Mile-Part 1](#)  
[Aquabear Toni Diaz-Open Water Swimmer](#)  
[Vallejo C, B, A+ Meet](#)  
[Miramont WP Coach James Lathrop](#)  
[County Championships Part 2](#)  
[Aquanuts-Walk on the Wild Side](#)  
[Make a Difference for Dave Maddan](#)  
[County Championships Part 1](#)  
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[Concord City Championships](#)  
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[Rec Championships 7/29 and 7/30](#)  
[Far Western LC Championships](#)  
[Terrapins Qualify 10 for Nationals](#)  
[Mitchell and Mom Inspire Heim-Bowen](#)  
[2004 Olympic Gold Medalist Brendan Hansen](#)  
[2006 NCS Championships](#)  
[2006 BCS Championships](#)

### Previous Featured Articles for 2005

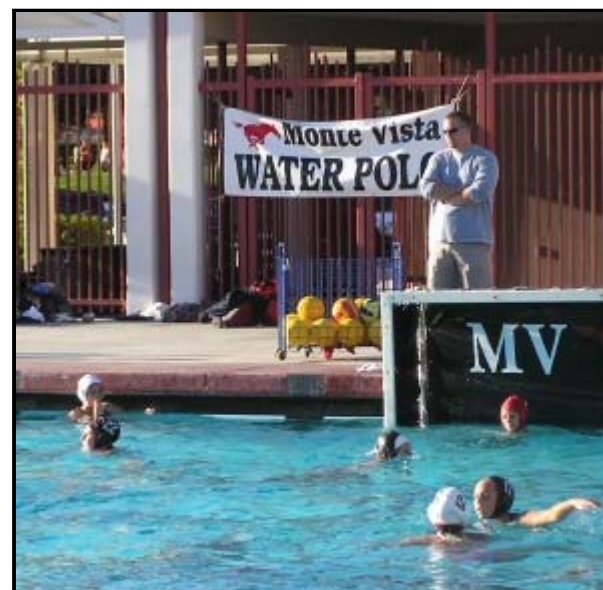
[2005 County Championship](#)  
[Black Hawk Strikes Back at VSA Championship](#)  
[Vista Diablo & Diablo Water Polo's Mason Kinnard](#)  
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[Michael Phelps at May's Stanford Grand Prix](#)  
[NCS in Walnut Creek](#)  
[De La Salle Invitational](#)  
[College Park HS & Gehringers Gators](#)  
[Cal-Stanford Men Part 3](#)  
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[Cal-Stanford Women, Part 2](#)  
[Cal-Stanford Women, Part 1](#)  
[Olympian, Michael Phelps](#)  
[Olympian, Ian Crocker](#)

### Previous Featured Articles for 2004

**Halverson:** The most inspirational story or feeling that is cherished the most is, watching a player score her first goal or make a perfect pass and assist someone else in scoring. Their faces just light up, the crowd cheers and you see the player's true emotions in that moment! Those times are shared by many, and inspirational to all.



*Georgi Cappelletti (white cap, senior)*



[Concord Pool Progress Photos](#)  
[Forrest White](#)  
[Olympic Diver Kimiko Soldati-Part 2](#)  
[Olympic Diver Kimiko Soldati-Part 1](#)  
[DVC Men's Water Polo](#)  
[Aquatic Times Hosts Bottomline Aquatic Clinic](#)  
[Pacific Masters 2004 SC Champs](#)  
[Natalie Coughlin in at NorCal in WC](#)  
[Olympic Diver, Kimiko Hirai Soldati](#)  
[Crow Canyon Coach Matt Struempf](#)  
[Aquanut Show II](#)  
[Aquanut Show I](#)  
[County Championships II](#)  
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[VSA's Championchips](#)  
[Caitlyn Gunn](#)  
[Tri-Valley Master Water Polo Team](#)  
[Forest Parks' Marco Brunamonti](#)  
[Crow Canyon Coaches](#)  
[WHO's Charlotte Brown](#)  
[Antioch Delta Skimmer, Emily Gonzales](#)  
[Bentley HS and WCAB Swimmer, Dash Rothberg](#)  
[Lamorinda Water Polo Coach, Boyd LaChance](#)  
[USA Swimmer, Jocelyn Phillips](#)  
[Local Artist Suzy Wear](#)  
[Coach Mike Bottom-Cal](#)  
[Josh Scott-Syracuse University](#)  
[Hannah Hair-Vista Diablo](#)  
[Billy Hayes-De La Salle](#)  
[Coach Mike Heaney-Walnut Creek Aquabears](#)  
[Chris Danesi-Terrapins](#)  
[McCall Dorr-Orinda Aquatics'](#)  
[Kelly Koch-Diablo Valley College](#)  
[Olympian Jeff Rouse](#)

### Previous Featured Articles for 2003

[Coach Leonard Chaplin-DVC](#)  
[Coach Brian Holm-Dewing Park](#)  
[Coaches From Around the League 4](#)  
[Coaches From Around the League 3](#)  
[Coaches From Around the League 2](#)  
[Coaches From Around the League 1](#)

*Monte Vista Girls Head Coach, **Todd Halvorson**, oversees his team as they prepare for the NCS championships.*

**AT:** If you had to describe your team in one word, what would it be and why?

**Halvorson:** Prepared. The coaching staff and players take great pride in being prepared for every game we play in from both a defensive and offensive standpoint.

**AT:** Why do your players play?

**Halvorson:** You would think this would be an easy question. I believe they play because, obviously, they love the sport, the companionship and the potential rewards it brings. I would hope they would say, if you asked them directly, that they play because it is a positive and fun environment where they feel they can achieve their highest potential.



Coaches-Walnut Creek Championships  
AT Features REC Assistant Coaches  
Gehring Gators Coaching Staff  
Kelly McCabe-Diablo Valley College  
Katy Erhardt-Diablo Valley College  
Blake Henderson  
Sean Peneyra-Vista Diablo  
Sam Craven-Vista Diablo  
Jocelyn Chang  
Ryan Wall  
Dewing Park 8&un Girls  
Jimmy Bailey-Diablo Valley College  
Blake Henderson  
Chelsea Allard  
Suzanne Heim-Bowen  
Dave Boatwright  
Kate Dwelley  
Lauren Rogers



*More practice action*



*Bari Cappelletti (back-up goalie, sophomore)*

**AT:** Who are the team captains and why were they chosen?

**Halverson:** We have three team captains this year-- Georgi Cappelletti, Katherine Stanton and Michelle Swan. We choose our captains from our senior class. The players choose one and the coaches choose the other captain. This year, the players voted to a tie, and the coaches picked the third one. Most of them have been on the team for several years and know what is expected at every practice, as well as before, during and after every game. Being a captain requires a sense of leadership, sportsmanship, responsibility and dedication. Our captains are committed to the team and demonstrate a good attitude and work ethic. Our captains accept the leadership role that ultimately contributes to the efficient operation of the team.

**AT:** What about your team is unlike any other team?

**Halverson:** I would say we are young and like to have fun. Not many teams are as young and as deep as we are this year. At times, we have the ability to start seven seniors or seven underclassman; that is a nice choice to have. One of the girls on the team said the other day, "No matter how serious your life is, everyone needs a friend to act goofy with." I would say we are all about that! The girls know when and where to draw the line between fun and work, and if you can't have fun while working, then what's the point?



*Kerry Beeman (starting goalie, senior)*



*Kelly Mendoza (black cap, freshman)*

***NOTE: Nine of their 14 Varsity team players have been awarded or competed at the following levels:***

**Georgi Cappelletti** (Senior) - 1st Team All League, Member of the Pacific Zone Youth National Team

**Katherine Stanton** (Senior)- 1st Team All League

**Kerry Beeman** (Senior) - 1st Team All League

**Abby Wolf** (Senior)- Honorable Mention All League

**Michelle Swan** (Senior) - Honorable Mention All League

**Shannon Purcell** (Junior) - Honorable Mention All League

**Bari Cappelletti** (Sophomore) - Member of the Pacific Zone Cadet National Team

**Kelly Mendoza** (Freshman) - Member of the Pacific Zone Cadet National Team

**Brittany Davison** (Freshman) - Member of the Pacific Zone Cadet National Team



**Georgi Cappelletti** (black cap, senior)

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Is your team not being covered in AT??? Do you have a swimmer(s)/coach that you would like to be featured in AT? Then give us a call at 60 WATER.

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