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# *Aquatic Times*



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**Featured Athlete/Coach Archives**

**Note: All Archive Files are in PDF Format.**



## Previous Featured Articles for 2008

[Olympic Training Camp at Stanford](#)

[Olympic Trials Coverage by Matt Martinez](#)

[Chelsea Chenault, 13-Year-Old Phenom](#)

## AT Special Feature:

### Walnut Heights Otters set Six Records During Dual Meet With Dewing Park

As the song says... "Oh what a night!"

Coming off their previous week victory over Springbrook in high spirits and their third place finish at Walnut Creek City Meet (in their division), the Walnut Heights Otters not only had a victorious night over Dewing Park last Wednesday, a contagious epidemic swept through the team, as they also set a slew of hot new records!

3 Walnut Creek Aquanuts Named to 2008 U.S. Junior National Team  
 Walnut Creek Aquanuts Top Junior Team and Trio in the Nation  
 Crow Canyon Sharks Place Second at Far Westerns

Young Terrapins Shine at Pre-Olympic Trial Swim Meet  
 Crow Canyon Sharks Shaila Yoder  
 Olympic Trials, Here we Come!

**Previous Featured Articles for 2007**

Crow Canyon Sharks Capture JO Team Title!  
 Las Lomas Freshman Bryan Snyder  
 50 Freestyle - Swimming at it's Finest!  
 Suzanne Heim-Bowen Inducted into the IMSHOF Tiburon Mile-Part 2  
 Crow Canyon Sharks USA Team on the Rise!  
 Tiburon Mile-Part 1  
 Gold in the Water-Book Review  
 Robert C. Placak The Man Behind "Tiburon Mile"  
 Brian Bacharach Returns to Coach De La Salle  
 Matt Martinez Matt Martinez ATOM Student Intern  
 14 & 680 14& Under Girls Take USC WP Championships  
 Aquanuts Shine  
 Four Teams Merge to Form 680 Drivers  
 14 & Under Girls JO Qual.Tournament  
 NCS Swimming Championships  
 Four WC AQUANUTS make 2008 Olympic Team

**Previous Featured Articles for 2006**

Eight Aquanuts Head for Nationals  
 NCS WP Championship-Monte Vista Girls-Photos  
 NCS WP Championship-De La Salle Boys-Photos  
 NCS WP Championship-Miramonte Boys-Photos  
 NCS WP Championship Games-Articles  
 Monte Vista Girls WP-Part 1  
 Monte Vista Girls WP-Part 2  
 ALGA-CUDA C, B, A+ Swim Meet  
 Cal Alumni Meet  
 Treasure Island to YMCA-Part 3



*Walnut Heights Otters (WHO) 15-18 Mens' and Womens' Relays: The boys broke TWO RECORDS... The team record is now 1:32.65. And, while they were at it, they handily set a new 200 yard free relay pool record. Not to be left out, the 15-18 girls also broke the free relay pool record in a time of 1:46.06.*

*Boys left to right: **Matt Hoff, Nick Michels, Jonathan Johnson and Ryan Day**  
 Girls left to right: **Lexie Dorn, Melissa Bartow, Mary Banfield and Alex Sealy***



*Walnut Heights Otters (WHO) 11-12 Girls started the record breaking night off with a new pool record for their free relay with a time of 1:56.78.  
 From left to right: **Gaby Grupalo, Gianna Carpenello, Natalie Baldacci and***

[Treasure Island to YMCA-Part 2](#)  
[Treasure Island to YMCA-Part 1](#)  
[Kate Dwelley Picks Stanford](#)  
[Tiburon Mile-Part 2](#)  
[Tiburon Mile-Part 1](#)  
[Aquabear Toni Diaz-Open Water Swimmer](#)  
[Vallejo C, B, A+ Meet](#)  
[Miramont WP Coach James Lathrop](#)  
[County Championships Part 2](#)  
[Aquanuts-Walk on the Wild Side](#)  
[Make a Difference for Dave Maddan](#)  
[County Championships Part 1](#)  
[WCSC Part 1](#)  
[WCSC Part 2](#)  
[WCSC Part 3](#)  
[Concord City Championships](#)  
[VSA Championships Part B](#)  
[VSA Championships Part A](#)  
[Rec Championships 7/29 and 7/30](#)  
[Far Western LC Championships](#)  
[Terrapins Qualify 10 for Nationals](#)  
[Mitchell and Mom Inspire Heim-Bowen](#)  
[2004 Olympic Gold Medalist Brendan Hansen](#)  
[2006 NCS Championships](#)  
[2006 BCS Championships](#)

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[Vista Diablo & Diablo Water Polo's Mason Kinnard](#)  
[Gehringers Go Gang Busters...](#)  
[Michael Phelps at May's Stanford Grand Prix](#)  
[NCS in Walnut Creek](#)  
[De La Salle Invitational](#)  
[College Park HS & Gehringers Gators](#)  
[Cal-Stanford Men Part 3](#)  
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[Cal-Stanford Women, Part 2](#)  
[Cal-Stanford Women, Part 1](#)  
[Olympian, Michael Phelps](#)  
[Olympian, Ian Crocker](#)

**Kimberly Johnson**



Then, the WHO team of **Danielle Johnson, Erin Delaporta, Vicki Ramia and Morgan Davenport** set another pool record in the 13-14 Girls free relay in a time of 1:50.74.



Before the 13-14 girls could dry off, WHO's 15-18 team of **Lexie Dorn, Alex Sealy, Melissa Bartow and Mary Banfield** set a new pool record of 1:46.06 in the 200 free relay.

### Previous Featured Articles for 2004

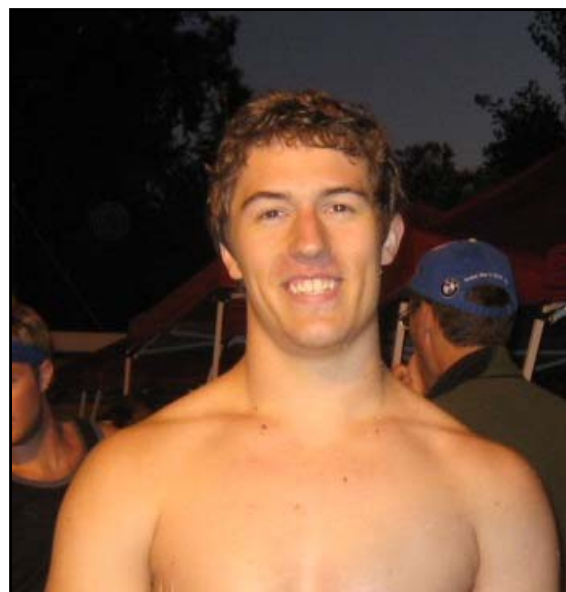
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[Natalie Coughlin in at NorCal in WC](#)  
[Olympic Diver, Kimiko Hirai Soldati](#)  
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[Crow Canyon Coaches](#)  
[WHO's Charlotte Brown](#)  
[Antioch Delta Skimmer, Emily Gonzales](#)  
[Bentley HS and WCAB Swimmer, Dash Rothberg](#)  
[Lamorinda Water Polo Coach, Boyd LaChance](#)  
[USA Swimmer, Jocelyn Phillips](#)  
[Local Artist Suzy Wear](#)  
[Coach Mike Bottom-Cal](#)  
[Josh Scott-Syracuse University](#)  
[Hannah Hair-Vista Diablo](#)  
[Billy Hayes-De La Salle](#)  
[Coach Mike Heaney-Walnut Creek Aquabears](#)  
[Chris Danesi-Terrapins](#)  
[McCall Dorr-Orinda Aquatics'](#)  
[Kelly Koch-Diablo Valley College](#)  
[Olympian Jeff Rouse](#)

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[Coach Brian Holm-Dewing Park](#)  
[Coaches From Around the League 4](#)  
[Coaches From Around the League 3](#)  
[Coaches From Around the League 2](#)  
[Coaches From Around the League 1](#)



*Not to be out-done by the WHO girls, the 15-18 boys, **Nick Michels, Matt Hoff, Ryan Day and Jonathan Johnson** broke both the team and pool free relay records charting a new time of 1:32.65.*



*To cap the night off, and swimming in his last home meet, Walnut Heights Otters' **Ryan Day** broke the teams' 50 yard butterfly record with a fast 50 yard split of 25.56 by way of the 100 fly.*

Coaches-Walnut Creek Championships  
AT Features REC Assistant Coaches  
Gehringer Gators Coaching Staff  
Kelly McCabe-Diablo Valley College  
Katy Erhardt-Diablo Valley College  
Blake Henderson  
Sean Peneyra-Vista Diablo  
Sam Craven-Vista Diablo  
Jocelyn Chang  
Ryan Wall  
Dewing Park 8&un Girls  
Jimmy Bailey-Diablo Valley College  
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