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Aquatic Times



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Aquatic Times

Featured Athlete/Coach Archives

Note: All Archive Files are in PDF Format.



Previous Featured Articles for 2008

[Walnut Heights Otters set Six Records](#)
[The 680 14 & UNDER Girls Qualify for JO's Olympic Training Camp at Stanford](#)
[Olympic Trials Coverage by Matt Martinez](#)
[Chelsea Chenault, 13-Year-Old Phenom](#)
[3 Walnut Creek Aquanauts Named to 2008 U.S.](#)

AT Special Feature:

NEW COACH ON AT SWIM ACADEMY STAFF



Andrew Preston

Andrew Preston has joined the Aquatic Times Swim Academy staff and will be coaching clinics during the off season. He's got a wealth of experience in rec, USS and high school coaching/teaching - twenty plus years (recreation 20 yrs., USS Terrapins two full years + 12 years of fall clinic and two years coaching Collge Park High School).

As a premier swimmer, Andrew spent eight years with the Walnut Creek Aquabears where he was a Junior National qualifier and made high school NCS finals 3 years. From there, he swam for DVC two years where he was a state finalist, then onto Chico State as a Division 2 qualifier.

As head coach of the renowned Pleasant Hill Aquatic Swim Team (PHAST)

[Junior National Team
Walnut Creek Aquanuts Top Junior Team and Trio in
the Nation
Crow Canyon Sharks Place Second at Far Westerns](#)

[Young Terrapins Shine at Pre-Olympic Trial Swim
Meet
Crow Canyon Sharks Shaila Yoder
Olympic Trials, Here we Come!](#)

Previous Featured Articles for 2007

[Crow Canyon Sharks Capture JO Team Title!
Las Lomas Freshman Bryan Snyder
50 Freestyle - Swimming at it's Finest!
Suzanne Heim-Bowen Inducted into the IMSHOF
Tiburon Mile-Part 2
Crow Canyon Sharks USA Team on the Rise!
Tiburon Mile-Part 1
Gold in the Water-Book Review
Robert C. Placak The Man Behind "Tiburon Mile"
Brian Bacharach Returns to Coach De La Salle
Matt Martinez Matt Martinez ATOM Student Intern
14 & 680 14& Under Girls Take USC WP
Championships
Aquanuts Shine
Four Teams Merge to Form 680 Drivers
14 & Under Girls JO Qual.Tournament
NCS Swimming Championships
Four WC AQUANUTS make 2008 Olympic Team](#)

Previous Featured Articles for 2006

[Eight Aquanuts Head for Nationals
NCS WP Championship-Monte Vista Girls-Photos
NCS WP Championship-De La Salle Boys-Photos
NCS WP Championship-Miramonte Boys-Photos
NCS WP Championship Games-Articles
Monte Vista Girls WP-Part 1
Monte Vista Girls WP-Part 2
ALGA-CUDA C, B, A+ Swim Meet
Cal Alumni Meet
Treasure Island to YMCA-Part 3
Treasure Island to YMCA-Part 2](#)

for the past 10 years, Andrew is coveted and loved by the many team families and swimmers. He has enjoyed great success in their league, as well. And, it's not about winning to Andrew, but about "team." He makes sure his swimmers have the chance to swim on a good relay even if they are not the fastest.

Andrew has also worked with children and young adults as a basketball coach & camp counselor at St. Stephens Parish in Walnut Creek, was a substitute general education teacher for Mt. Diablo School District for grades K-5, has worked as a special education teacher for mild-to-moderate learning disabled children grades K-5, as well as severely-to-emotionally disturbed grades, was a Mt. Diablo adult education teacher two years for those studying for their GED and High School Diploma and also teaching adults in the fields of Conversational English and Algebra, spent eight years in the Republic of Yemen as an English as a Second Language instructor, and taught CPR and First Aid for the Concord Chapter of the American Red Cross.

Andrew is currently employed with Springstone School in Lafayette - a non-public school for middle school students who have executive function disorders that affect their ability to organize and prioritize information, and to make meaningful social connections.

Andrew was born in England, but came to the U.S. in second grade (Washington state) and moved to this area when he was in fifth grade. He is well-traveled, too - thirty countries! Andrew's hobbies include collecting stamps and short stories (flash und 1500 words). He lives with his wife Tiffany, two daughters, Annie and Samantha, and stepson Sterling.

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[Treasure Island to YMCA-Part 1](#)
[Kate Dwelley Picks Stanford](#)
[Tiburon Mile-Part 2](#)
[Tiburon Mile-Part 1](#)
[Aquabear Toni Diaz-Open Water Swimmer](#)
[Vallejo C, B, A+ Meet](#)
[Miramont WP Coach James Lathrop](#)
[County Championships Part 2](#)
[Aquanuts-Walk on the Wild Side](#)
[Make a Difference for Dave Maddan](#)
[County Championships Part 1](#)
[WCSC Part 1](#)
[WCSC Part 2](#)
[WCSC Part 3](#)
[Concord City Championships](#)
[VSA Championships Part B](#)
[VSA Championships Part A](#)
[Rec Championships 7/29 and 7/30](#)
[Far Western LC Championships](#)
[Terrapins Qualify 10 for Nationals](#)
[Mitchell and Mom Inspire Heim-Bowen](#)
[2004 Olympic Gold Medalist Brendan Hansen](#)
[2006 NCS Championships](#)
[2006 BCS Championships](#)

Previous Featured Articles for 2005

[2005 County Championship](#)
[Black Hawk Strikes Back at VSA Championship](#)
[Vista Diablo & Diablo Water Polo's Mason Kinnard](#)
[Gehring Gators Go Gang Busters...](#)
[Michael Phelps at May's Stanford Grand Prix](#)
[NCS in Walnut Creek](#)
[De La Salle Invitational](#)
[College Park HS & Gehring Gators](#)
[Cal-Stanford Men Part 3](#)
[Cal-Stanford Men Part 2](#)
[Cal-Stanford Men Part 1](#)
[Cal-Stanford Women Diving](#)
[Cal-Stanford Women, Part 2](#)
[Cal-Stanford Women, Part 1](#)
[Olympian, Michael Phelps](#)
[Olympian, Ian Crocker](#)

Previous Featured Articles for 2004

[Concord Pool Progress Photos](#)
[Forrest White](#)
[Olympic Diver Kimiko Soldati-Part 2](#)
[Olympic Diver Kimiko Soldati-Part 1](#)
[DVC Men's Water Polo](#)
[Aquatic Times Hosts Bottomline Aquatic Clinic](#)
[Pacific Masters 2004 SC Champs](#)
[Natalie Coughlin in at NorCal in WC](#)
[Olympic Diver, Kimiko Hirai Soldati](#)
[Crow Canyon Coach Matt Struempf](#)
[Aquanut Show II](#)
[Aquanut Show I](#)
[County Championships II](#)
[County Championships I](#)
[VSA's Championchips](#)
[Caitlyn Gunn](#)
[Tri-Valley Master Water Polo Team](#)
[Forest Parks' Marco Brunamonti](#)
[Crow Canyon Coaches](#)
[WHO's Charlotte Brown](#)
[Antioch Delta Skimmer, Emily Gonzales](#)
[Bentley HS and WCAB Swimmer, Dash Rothberg](#)
[Lamorinda Water Polo Coach, Boyd LaChance](#)
[USA Swimmer, Jocelyn Phillips](#)
[Local Artist Suzy Wear](#)
[Coach Mike Bottom-Cal](#)
[Josh Scott-Syracuse University](#)
[Hannah Hair-Vista Diablo](#)
[Billy Hayes-De La Salle](#)
[Coach Mike Heaney-Walnut Creek Aquabears](#)
[Chris Danesi-Terrapins](#)
[McCall Dorr-Orinda Aquatics'](#)
[Kelly Koch-Diablo Valley College](#)
[Olympian Jeff Rouse](#)

Previous Featured Articles for 2003

[Coach Leonard Chaplin-DVC](#)
[Coach Brian Holm-Dewing Park](#)
[Coaches From Around the League 4](#)
[Coaches From Around the League 3](#)
[Coaches From Around the League 2](#)
[Coaches From Around the League 1](#)

Coaches-Walnut Creek Championships
AT Features REC Assistant Coaches
Gehringer Gators Coaching Staff
Kelly McCabe-Diablo Valley College
Katy Erhardt-Diablo Valley College
Blake Henderson
Sean Peneyra-Vista Diablo
Sam Craven-Vista Diablo
Jocelyn Chang
Ryan Wall
Dewing Park 8&un Girls
Jimmy Bailey-Diablo Valley College
Blake Henderson
Chelsea Allard
Suzanne Heim-Bowen
Dave Boatwright
Kate Dwelley
Lauren Rogers