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[Olympic Trials Coverage by Matt Martinez](#)

AT Special Feature:

Aquatic Times Debbie Johnson Named New Head Coach of Rudgear Meadows



Debbie Johnson

On September 23, Rudgear Meadows (Seals) announced the hiring of their new Head Coach, Debbie Johnson. Coach Debbie brings with her a wealth of competitive coaching experience and stresses stroke fundamentals, tradition, and fun. Coach Debbie believes that teaching sound stroke technique instead of "swimming laps" is the key in improving swimmers and the team. She has the eye to see the underlying stroke problem, figures out the solution, and has the ability to communicate it to the swimmer.

Coach Debbie is very excited about coaching Rudgear Meadows and has already started to prepare for next season. She can't wait to meet the swimmers and parents and is looking forward to the challenges and fun involved in coaching "Seals".

Chelsea Chenault, 13-Year-Old Phenom
 3 Walnut Creek Aquanats Named to 2008 U.S.
 Junior National Team
 Walnut Creek Aquanats Top Junior Team and Trio in
 the Nation
 Crow Canyon Sharks Place Second at Far Westerns

Young Terrapins Shine at Pre-Olympic Trial Swim
 Meet

Crow Canyon Sharks Shaila Yoder
 Olympic Trials, Here we Come!

**Aquatic Times Archived
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Archived Features & Articles from 2003-2007

Biography - Debbie has 30+ years under her belt as a assistant and head swim coach and instructor, coaching for Vallejo Aquatic Club Sharks, Lake County Channel Cats, Antioch Delta Skimmers, Gehringer Park Gators and Bishop Estates Beavers. She also assisted Concord's world-class Terrapins with their Age Group Development, Age Group Elite and Senior Development programs, as well as coaching their spring and fall clinics for a few years.

She has worked with swimmers of all age groups and ability levels from beginning to advanced. Her specialty is developing new swimmers into experienced competitive swimmers.

Debbie also runs Aquatic Times Swim Academy' lessons and competitive clinic program, and is highly successful at teaching ages 3-Adult, from non-swimmers to advanced competitive swimmers. In addition, she coaches ATSA Competitive Stroke, Dive/Start and Turn/Underwater Clinics and is up to date with the latest and most efficient techniques.

"I love the smell and atmosphere of a pool and enjoy so much making a difference in our students' lives not only in the swimming realm, but in life in general. I love what I do! It's not just about swimming, it's about building life skills and life-long relationships. I'm very excited and feel very blessed to be able to work in the field I enjoy so much!"

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